

*met ingang van 1 oktober 2024*

| 8:00 - geopend             | 8:00 - geopend | 8:00 - geopend  | 8:00 - geopend   | 8:00 - geopend | 9:00 - geopend  |
|----------------------------|----------------|-----------------|------------------|----------------|-----------------|
| <b>Maandag</b>             | <b>Dinsdag</b> | <b>Woensdag</b> | <b>Donderdag</b> | <b>Vrijdag</b> | <b>Zaterdag</b> |
|                            |                |                 |                  |                | gesloten        |
|                            |                |                 |                  |                | 9:00 - 10:00    |
| 9:00 - 10:00               |                | 9:00 - 10:00    | 9:00 - 10:00     | 9:00 - 10:00   | 10:00 - 11:00   |
|                            |                |                 |                  |                | gesloten        |
|                            | 11:00 - 12:00  |                 | 11:15 - 12:15    |                |                 |
|                            |                |                 | COPD             |                |                 |
| 13:30 - 14:30<br>FIT ( + ) | 14:30 - 15:30  | 14:30 - 15:30   | 13:30 - 14:30    |                |                 |
| 14:30 - 15:30              | COPD           |                 |                  |                |                 |

|              |                  |                  |      |           |          |
|--------------|------------------|------------------|------|-----------|----------|
| VRIJ TRAINEN | BEGELEID FITNESS | CIRCUIT TRAINING | COPD | FIT ( + ) | GESLOTEN |
|--------------|------------------|------------------|------|-----------|----------|

|                  |                  |                  |                  |                  |                  |
|------------------|------------------|------------------|------------------|------------------|------------------|
| 21:00 - gesloten | 20:00 - gesloten | 17:30 - gesloten | 17:30 - gesloten | 17:30 - gesloten | 11:00 - gesloten |
|------------------|------------------|------------------|------------------|------------------|------------------|

**ROOSTER OEFENZAAL**